



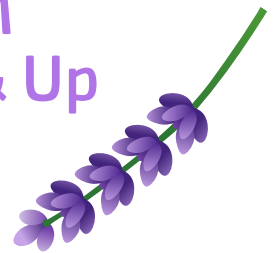
August FAMILY PROGRAMS

August 1–31
Beyond the Screen Challenge

Open for the
month of August

FRIDAY 8/14
**Evening Under the
Lavender Sky**

6–8:30PM
Ages 20 & Up



SATURDAY 8/15
**Kids Night Out
Aloha Adventure**



5–8PM
Ages 4–12

TUESDAY 8/18
Little Learners Open House

5:30–7PM
Meet the Teachers



FRIDAY 8/21
Mindful Adventures

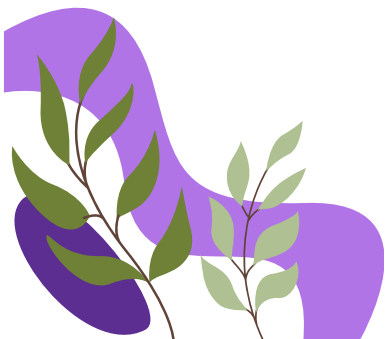


5–7PM
Ages 4–12

TUESDAYS & SATURDAYS
Toddler Tumbling

Tuesday
9:45–10:45AM
Ages 1–4

Saturday
10:45–11:45AM
Ages 10 months–5 years





AUGUST FAMILY PROGRAM DESCRIPTIONS



8/1 Beyond the Screen Challenge

Put down the screens and power up the fun! Participants will complete a series of random challenges that test skill, creativity, teamwork, and determination. Challenges can be completed live at the YMCA or recorded at home and submitted by video. Enter to win a prize basket.

Ages 2-12

\$10 for Oswego YMCA Family members, \$20 for non-members.

8/14 Evening Under the Lavender Sky

Escape the hustle & enjoy a peaceful summer evening outside. Come with friends, a spouse, or just for a relaxing night out; this event is the perfect way to slow down, connect & savor the beauty of our lavender harvest sunset. Live music, Charcuterie snacks, Mocktail bar, Lawn games, DIY Take-Home Station & door prizes

Ages 20 & up

\$15 for Oswego YMCA Family members, \$25 for non-members.

8/15 Kids Night – Aloha Adventure

A Tropical Night of Fun, Friendship & Island Adventures! Throw on your favorite Hawaiian shirt, make a flower lei & get ready for an unforgettable evening filled with tropical games, creative crafts, delicious island-inspired snacks, music, and laughter

Ages 4-12

\$15 for Oswego YMCA Family members, \$30 for non-members.

8/18 Little Learners Open House

Meet our experienced teachers. Classes are filled with hands-on learning, creative art projects, music and movement, early literacy, math exploration, science discovery, outdoor play & opportunities to develop important social & emotional skills. Enjoy some refreshments and crafts for the kids while parents get to explore the classroom.

8/21 Mindful Adventure– Lavender Edition

A Relaxing event for kids, recurring monthly as our wellness series. Help manage worries & stress while teaching kindness, building confidence, gratitude & joy. Create new friendships & mental wellness with crafts, relaxing stretches & breathing exercises.

Ages 4-12

\$15 for Oswego YMCA members; \$25 for non-members

Toddler Tumbling Class– Tuesdays & Saturday

Designed to help little movers build confidence, coordination, balance, and social skills through playful movements & guided activities. Great opportunity for friendships through active play with children & parents.

TUESDAY– Ages 1-4 9:45-10:45 AM SATURDAY– Ages 10 m-5 10:45-11:45 AM

Free for Oswego YMCA Family members; \$10 for non-members.